



WHAT IS A PHOTO FACIAL REJUVENATION TREATMENT

A Photo Facial Rejuvenation Treatment is a series of Broad Band Light or BBL treatments that improves the appearance of Rosacea, flushing, broken capillaries, sun damaged skin, age spots, skin texture, photo aging, and acne. Treatments also improve mild acne scars, reduce large pores, and reduce fine lines. Treatments are especially effective for improving the appearance of the face, neck chest, and hands. This exciting treatment involves little or no "down time". You can resume normal activities immediately.

How does the treatment work?

The BBL is applied in a series of gentle pulses over the treatment area. Without damaging the skin, the light penetrates through the skin and is absorbed by the abnormally dilated vessels or pigmentation. The heat causes damage to the vessel or lesion, and the body begins its natural healing process. The lesion will darken before it flakes off or the body absorbs it. Treatments can be given as frequently as every 3 weeks. For acne clients, it is recommended to come once a week for up to 5 weeks in order to "kill" all the bacteria that is causing the condition.

How many treatments will I need?

For optimal results, a series of 3-5 treatments are recommended. Follow-up treatments may be desired once a year to maintain results. Acne clients may need more treatments to get the condition under control.

What are the benefits of a Photo Facial?

Treatments improve the look of sunspots, age spots, uneven pigmentation; sun damaged skin and early signs of aging. Treatment also improves red flushing skin, Rosacea and broken capillaries. Treatments also can help with dull complexions, large pores, and acne. Enjoy smoother skin with a more even tone and minimal discomfort during treatment.

What is a treatment like?

Treatments may vary from 15 to 45 minutes depending on the size of the area to be treated. First, the treated area is cleansed and a cool gel is applied. When the pulse of light is delivered, the sensation is similar to a snap of a rubber band. After the treatment, the gel is removed, the skin cleansed, and sunscreen is applied. Pain is minimal; however, you may ask if you can use a topical anesthetic ointment after your first treatment and you think you need one. For sensitive skin, a cool compress is applied following treatment.

Are there any possible side effects?

Side effects are rare. Immediately following the treatment the skin may appear flushed, brown-pigmented spots may appear darker, and capillaries may be more visible. In rare instances temporary swelling and/or blistering can occur. Clients with acne will notice the next day that it should start to dry out.

What improvement will I see?

Clients have a high degree of satisfaction with their results. Expect to see a gradual decrease in redness, broken capillaries, flushing, irregular pigmentation, pore size, acne, and fine lines. After each treatment the skin will feel smoother and appear to have a more even tone. Schedule your consultation and discover how this treatment can benefit you!



CONSENT FOR PHOTO FACIAL REJUVENATION AND SPOT TREATMENTS

1. I voluntarily request Broad Band Light skin rejuvenation in the following areas:

2. I voluntarily consent and authorize the BBL treatment be performed by the staff of this clinic. I hereby release this clinic, its staff, and any other provider from any or all liability for any adverse effects that may result from this treatment.
3. For the purpose of adequate record keeping, I consent to have the staff take before, during and after photos of the involved treatment area(s). The Clinic may use these photographs for the purposes of patient education and marketing. I understand I will not be identifiable in these photos.
4. I recognize that this BBL treatment is not an exact science and I understand no guarantees or assurances have been made to the result or cure. There are risks related to the performance of these procedures. I understand and acknowledge that the risks that may occur in connection with this particular procedure may include the following:
 - **Bruising or purpura:** may result in the treated area and may take up to 10 days to resolve – there is an increased % of developing this if you have taken aspirin or aspirin containing products or blood thinning medications. You can cover with make-up while it is fading.
 - **Discomfort and pain:** some discomfort will be experienced during the treatment. You can ask if you may use a topical anesthetic after your first treatment has been completed.
 - **Recurrence of the lesion or skin concern:** I may not experience a permanent result even after multiple treatments. This may occur if there is a hormone imbalance, or improper skin care practices on my part.
 - **Pigment changes:** During the healing process the area may become lighter or darker. This is usually temporary but in some instances it can be permanent, it is vital to have NO CURRENT FRESH TAN!
 - **Swelling:** Some may develop some swelling in the face area, this is temporary and will resolve in 1-5 days.
 - **Scars:** scars are a rare complication, but are possible if the skin surface is disrupted by the BBL. To minimize this possibility it is important to follow the pre and post care instructions.
 - **Sun exposure:** once the treatment is complete the skin may be pink and sensitive to the sun. Treated areas should be blocked completely; a sun block of SPF 30 or greater should be used at all times in areas not protected by clothing, whether or not I am in the sun.
 - **Blindness and eye damage:** The laser/light, without protective eyewear, may cause visual loss including blindness. It is key that you wear the protective goggles provided during the treatment and to also keep your eyes closed in order to protect my eyes from accidental laser exposure. You may still see flashing lights; this is normal as it is due to the scattering of the light. This scattering will not harm your eyes.
5. I understand and acknowledge that I have been informed by means of visual aids, as well as individual discussion, that multiple treatments are often required to cause long-term results and that some patients have no results even with multiple treatments. The usual number is 5 or 6, but more may be required.
6. I have been given the opportunity to ask questions about my condition, alternate forms of anesthesia and treatment, the procedure to be used, and the risks and hazards involved. I believe that I have sufficient information to give an informed consent. By signing below, I certify that I have read and fully understand the contents of this document. I certify that I am a competent adult of at least 18 years of age.

Date _____ Client Name _____ Signature _____



PHOTO FACIAL REJUVENATION PRE AND POST TREATMENT INSTRUCTIONS

BEFORE TREATMENT

- No Accutane use for 1 year prior to treatment.
- Do not tan the areas being treated for 4 weeks prior to treatment.
- Do not use self-tanning products for 2 weeks prior to treatment.
- Do not use Hydroquinone or Kojic Acid products 2 weeks prior to treatment.
- Do not use Photosensitive drugs for 1 week prior to treatment.
- Stop all Retin-A, Retinol, Renova, glycolic, bleaching creams, and exfoliants 3 to 4 days prior to treatment.
- Please shave or clip the area being treated closely the day before treatment or the morning of the treatment. This way the skin will be less sensitive.
- Do not wear make-up on the area to be treated.
- If you choose to apply a topical anesthetic, it must be applied 60 minutes prior to treatment and covered with plastic wrap. Please speak with one of our staff members to purchase a topical anesthetic.

AFTER TREATMENT

- A mild to moderate sunburn-like sensation is anticipated. This usually resolves within 1 to 24 hours after treatment, but may persist up to 72 hours.
- You may have transient redness, swelling, itching and/or burning sensations for a few minutes up to 48 hours after. You may apply aloe Vera Gel, a cold compress, and/or Hydrocortisone cream to help with these side effects.
- Avoid direct sunlight, tanning beds, and self-tanners for the course of the treatments and for 1 month following the final treatment. Wear a sunscreen with SPF 30 or higher DAILY.
- Do not apply make-up to the treated area until all the redness has subsided.
- Until redness has completely resolved (usually 2 to 3 days), avoid hot tubs, whirlpools, or swimming pools.
- Bathe or shower as usual. Treated areas may be temperature sensitive. Wash gently with cool to warm water and a mild soap. Pat dry, do not rub.
- Avoid excessive sweating for 2 to 3 days. No saunas or vigorous working out.
- Avoid irritants such as Retin-A, Retinol, Renova, and glycolics, bleaching creams and exfoliants until the treatment area has returned to its pre-treatment condition.
- Avoid aggressive scrubbing, scrub brushes, and loofah sponges until the treatment area has returned to its pre-treatment condition.
- Do not manipulate the skin on the treated areas. Do not pick or attempt to remove any crusting, or scabbing that may form following your treatment as this may incur infection and may lead to scarring. Apply Vitamin E or Aloe Vera Gel to keep the area moist. Allow this area to heal and fall off on its own in 1 to 3 weeks.
- If blistering has occurred apply Polysporin to the affected area as often as needed up to 1 week.
- Use a non-steroidal anti-inflammatory medication such as Motrin, Aspirin, etc. to help reduce discomfort and swelling.
- Skin Types 4, 5, and 6 should continue to use Hydroquinone or Kojic Acid products if they were used prior to treatment.
- Pigmentation Lesions may initially look raised and/or darker with a reddened perimeter. The lesion will gradually darken over the next 24 to 48 hours turning brown or even black. The lesion will progress to scabs/crusting and will start to flake off in 7 to 14 days. DO NOT PICK, SCRATCH, OR REMOVE THEM.



CHECK LIST FOR PHOTO FACIAL REJUVENATION

Client's Name _____

YES

CONSULTATION DAY

Has the client gone over and received a copy of the Information Sheet

Has the client gone over and received a copy of the Pre/Post Information Form?

Has the client signed the medical form?

Has the consent form been reviewed and signed?

Have photographs been taken?

TREATMENT DAY

Do you have a signed copy of the Pre/Post Information Form in the file?

Does the client have any unanswered questions about the treatment?

Has the client received instructions on proper skin care for treated area?

Remind the client for the first 24 hours:

- Sleep on back (on a clean pillow case)
- Shower with caution and avoid saunas and hot tubs
- No picking
- No excessive exercising
- Minimize facial expressions
- No aggressive exfoliants
- Avoid sunlight, use a sunscreen
- Avoid applying cosmetics on treated areas
- Call if they have any questions or concerns

YOU MUST BE ABLE TO TICK "YES" ON EVERYTHING BEFORE YOU CAN PROCEED

Date _____ Technician's Signature _____